

Request for Right to Choose referral for ADHD Assessment

In Hampshire, the ADHD services have a contract which includes starting medication if appropriate, stabilising treatment, monitoring your physical health and reviewing you every year. We then issue your prescriptions under something called a shared care agreement. This ensures that your care is safe, and your prescriptions are not interrupted (except if there are national drug availability issues).

You may be seen sooner under the RTC programme, but it is important that you check the arrangements in place prior to choosing who you want to be referred to. This is because not all organisations will prescribe and stabilise medication, monitor your physical health and review you every year. We cannot do this on their behalf because it is not safe.

The next page has a flow chart on things to find when deciding on who you want to be referred to. You can usually find it on ADHD UK's website (<https://adhduk.co.uk/right-to-choose>) the organisation's website, or you may need to contact them directly.

The answer to all of these questions needs to be 'yes' otherwise we will not be able to prescribe your medication.

